

T-shirt – Size _____

_____ Youth _____ Adult

C.A.L. 2009
Creating A Leader
Believe in the magic . . . of you!
Jan. 23, 24, 25, 2009

Registration Form

Due to your County Extension Office by **November 20, 2008**

Name _____

Address _____ Male _____ Female _____

City _____ Zip _____ County _____

Phone Number (____) _____ - _____ Age: _____ Grade _____ No. Yrs Attending CAL _____

E-mail _____

Do you have any dietary restrictions Yes _____ No _____

If yes, please explain on the back of this sheet. It is difficult to meet all of the needs of guests with specific food requirements (i.e., wheat allergies, vegan, etc.) We will do what we can. Be as specific as possible with your needs.

Yes _____ No _____ I will bring medication. If yes, please explain in detail on the back of this sheet.

Yes _____ No _____ I would like to be a County Contact. (I would like to help lead my county's orientation and be the main youth contact from the CAL Staff to my county.)

Yes _____ No _____ I would like to be a cabin leader. (I have attended CAL Conference at least once)

Yes _____ No _____ I am willing to help lead a session. (I will attend a training meeting on Saturday, January 3, 2009 10:00 – 4:00 in Livermore. More information on this later.)

Yes _____ No _____ I would like a conference T-shirt for an additional \$10.

I will travel to the Conference with _____

Signature of CAL Conference Delegate Date

Signature of County 4-H Advisor/Coordinator/Representative Date

The fee for the weekend is \$140 (\$150 if you would like a t-shirt)

Make checks payable to your **San Mateo County 4-H Council**

Check List:

- | | |
|---|---|
| _____ 1. Registration Form | _____ 4. Signed State 4-H Code of Conduct |
| _____ 2. Check for \$140.00 (or \$150 to include shirt) | _____ 5. Get it in to my CE office by November 20 |
| _____ 3. Signed Medical Treatment Form | |

University of California Division of Agriculture and Natural Resources
4-H Youth Development Program

Health History Information

First Name _____ Last Name _____ County _____ Date of Birth ____/____/____

| Subject to: | YES | No | Now Have or Have Had | Yes | No |
|--|-----|----|----------------------------|-----|----|
| Colds | | | Heart Trouble | | |
| Sore Throat | | | Asthma | | |
| Fainting Spells | | | Lung Trouble | | |
| Bronchitis | | | Sinus Trouble | | |
| Convulsions | | | Hernia (rupture) | | |
| Cramps | | | Appendicitis | | |
| Allergies | | | Has appendix been removed? | | |
| Wear corrective lenses? | | | Do you walk in your sleep? | | |
| Is hearing good? | | | | | |
| Currently under any type of medical care? | | | | | |
| Is there history of behavior disorders, emotional disturbances, or severe moodiness? | | | | | |
| Been under psychiatric treatment within the past five years? | | | | | |

Date of last Tetanus Vaccination: _____

Please check over-the-counter medications that may be administered:

- Tylenol Ibuprofen Cough Syrup Decongestant Dramamine
 Antacid Polysporin Hydrocortisone Other: _____

Please identify allergies including allergies to food, medications, and drug reactions:

Please list any disabilities or disorders that may affect participation, such as: Eyesight, hearing, speech, paralysis, diabetes, ulcer, etc.

Please list all current medications:

| Name of Medication | Dosage | Times Taken |
|--------------------|--------|-------------|
| | | |
| | | |
| | | |
| | | |

Remarks and special instructions. Please explain "yes" answers on this page.

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Code of Conduct

The following guidelines are designed to make everyone's experience at 4-H events satisfying to all attending. This means that all participants, members, volunteers, and 4-H YDP staff, shall adhere to the core values of the University of California 4-H Youth Development Program, respect the individual rights, safety, and property of others.

While attending all 4-H meetings, projects, programs, and events, the following apply:

1. Everyone is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and be appropriately dressed. Chaperones and project volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
2. The possession and use of alcoholic beverages, tobacco products, and drugs (other than prescription medication) is prohibited.
3. Setting off fire alarms or tampering with fire extinguishing equipment or other emergency equipment is prohibited.
4. Gambling and betting by adults and youth representing 4-H is prohibited.
5. Obscene and discriminatory language, roughhousing, and insubordination will not be tolerated at any time.
6. Youth members and volunteers will demonstrate respect for one another at all times.
7. Display of overly affectionate attention between participants is prohibited.

While attending overnight events, the following also apply:

8. All participants must be in their assigned area at curfew and will comply with the quiet hours and lights out.
9. No member or volunteer may leave the grounds unless permission is secured from the adult in charge. 4-H members must be accompanied by an adult.
10. Only 4-H participants may be in dormitory areas. No one will be in the sleeping areas of members of the opposite gender. Lounges may be used for working committees and social activities.
11. Youth must comply with other rules of the event.

PENALTIES FOR INFRACTIONS

Infractions of the 4-H Code of Conduct must be reported promptly by anyone observing them to the adult in charge of the delegation/project and to the person in charge of the event who will bear final responsibility for disciplinary action. The parent/guardian and the County 4-H Office will be notified of action taken. Penalties may include any or all of the following:

- Sending the participant home
- Barring the participant from future 4-H events
- Assessing the participant the cost of damages and repairs for damage or destruction of property
- Releasing the participant to the nearest law enforcement agency and/or the proper authorities
- Termination of 4-H membership

Member Signature

Date

Parent or Guardian Signature

Date